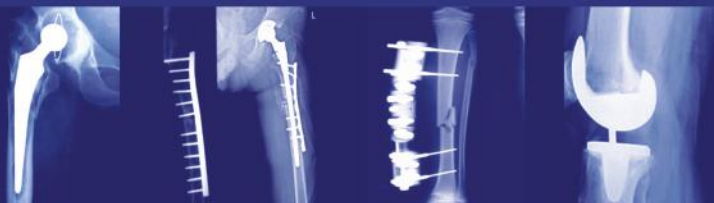


**A FIRST IN CALICUT, TRAUMA AND
JOINT REPLACEMENT COURSE
BY THE MASTERS**



Indo-German Orthopaedic Foundation



9th & 10th February 2019
The Taj Gateway Hotel, Calicut, Kerala, India



Indo-German Orthopaedic Foundation

Dear friend & colleague,

It is my pleasure and honour to invite you to IGOF's Trauma and Joint Replacement Course, to be held on 9th & 10th February 2019 in Calicut. The latest edition of IGOF, like its precursors, promises to be an enriching platform, where a host of eminent experts from the fields of Trauma and Joint Replacement will share their invaluable knowledge and also take us through the latest surgical advancements that have been breaking new ground. And, I am sure that highly talented and inquisitive surgeons like you would be eager to benefit from this course.

I eagerly look forward to your participation.

With warm regards,

A handwritten signature in blue ink, which appears to read 'Prithvi Mohandas'.

Dr. Prithvi Mohandas
Secretary, IGOF

PROGRAMME SCHEDULE

Day 1 (9th February) - Trauma in Intraarticular Fractures

TIME	TOPIC	SPEAKERS
9:00 - 10:00 Hrs	THE GREAT DEBATE Moderators: Prof. Dr. Ulrich Stoeckle and Dr. George Abraham	
	Management of unstable intracapsular fracture neck of femur in young adults Internal fixation - Dr. Lazar Chandy (Vs.) Primary valgus osteotomy & fixation - Dr. J. Ram Prasad	
10:00 - 10:20 Hrs	Inaugural function + Honouring of VIPs	

Module-A: Acetabulum and Femoral Head Fractures

Chairpersons - Dr. Mahendra Varma & Dr. Tony Kavalakkatt

10:20 - 10:35 Hrs	Femoral head fractures and fracture dislocation of hip	Prof. Dr. Ulrich Stoeckle
	Transverse fractures of acetabulum and acetabular floor fractures management	
10:35 - 10:45 Hrs	Panel discussion	

Module-B: Proximal Femur Fractures

Chairpersons - Dr. Jawahar Adi Raja & Dr. R. Rajaneesh

10:45 - 10:53 Hrs	Management of nonunion neck of femur	Dr. Raju K
10:53 - 11:01 Hrs	Use of proximal femoral nail in unstable IT fracture	Dr. med. Christian Konrads
11:01 - 11:09 Hrs	Management of failed proximal femur fracture	Dr. J. Ram Prasad
11:09 - 11:17 Hrs	Is blade plate re-emerging in proximal femur fractures?	Dr. R. Mahesh Karthik
11:17 - 11:25 Hrs	Ipsilateral neck and shaft of femur priorities in management	Dr. J. Ram Prasad
11:25 - 11:35 Hrs	Panel Discussion	
11:35 - 11:45 Hrs	Coffee Break	

Module-C: Distal Femur Fractures

Chairpersons - Dr. Aneen N Kutty & Dr. Sibin Surendran

11:45 - 12:03 Hrs	Management of intraarticular fractures	Dr. med. Christian Konrads
12:03 - 12:11 Hrs	Management of distal femur fractures with metaphyseal comminution and bone loss	Dr. J. Ram Prasad
12:11 - 12:19 Hrs	Management of Hoffa's fracture	Dr. N. J. Mani
12:19 - 12:29 Hrs	Panel Discussion	

Module-D: Proximal Tibia Fractures

Chairpersons - Dr. T. S. Gopakumar & Dr. Basheer Abdul Gafoor

12:29 - 12:37 Hrs	Soft tissue management in bicondylar proximal tibia fracture - Staged management	Dr. Sunil D Magadam
12:37 - 12:45 Hrs	Different approaches for proximal tibia fracture	Dr. Rajesh Purushothaman
12:45 - 12:53 Hrs	Management of posteromedial and posterolateral fracture of proximal tibia	Prof. Dr. Ulrich Stoeckle
12:53 - 13:01 Hrs	Management of malunited proximal tibia fracture with varus collapse medial open wedge osteotomy - MIOT Approach	Dr. Sunil D Magadam
13:01 - 13:10 Hrs	Panel Discussion	

13:10 - 13:38 Hrs	4-paper presentation (5 mins P + 2 mins Q) for MOHANDAS - WELLER GOLD MEDAL AWARD Chairperson - Dr. Prithvi Mohandas	
13:38 - 14:10 Hrs	Lunch	
14:10 - 14:20 Hrs	Management of upper cervical injuries - Invitation Lecture Chairpersons: Dr. Vinod V Rajan & Dr. Ajith Kumar	Dr. Charanjit Singh Dhillon

Module-E: Distal Tibia Fractures Chairpersons - Dr. Sajan Mohan Raj & Dr. Janees M C		
14:20 - 14:28 Hrs	Soft tissue management in distal tibia fractures (Role of Spanning Ex-fix) and timing of surgery	Dr. R. Mahesh Karthik
14:28 - 14:36 Hrs	Management of trimalleolar fracture dislocation	Dr. T. S. Gopakumar
14:36 - 14:44 Hrs	Methods and fixation of posterior malleolus fracture	Dr. med. Christian Konrads
14:44 - 14:54 Hrs	Panel Discussion	

Module-F: Proximal Humerus Fractures Chairpersons - Dr. T. S. Gopakumar & Dr. N. J. Mani		
14:54 - 14:58 Hrs	Conservative treatment of proximal humerus fractures: What are the limits?	Dr. Anwar Marthaya
14:58 - 15:06 Hrs	Decision making in proximal humerus fractures depending on fracture type and age of patient	Prof. Dr. Ulrich Stoeckle
15:06 - 15:16 Hrs	Panel Discussion	
15:16 - 15:26 Hrs	Coffee Break	

Module-G: Elbow Chairpersons - Dr. Mohammed Riyaz & Dr. Raju K		
15:26 - 15:34 Hrs	Terrible triad: Is it so?	Dr. Sibin Surendran
15:34 - 15:42 Hrs	Use of orthogonal plating vs. locking plate	Dr. Tony Kavalakkatt
15:42 - 15:50 Hrs	Side swipe injury management	Dr. Gopal M L
15:50 - 16:00 Hrs	Panel Discussion	

Day 2 (10th February) - Joint Replacement		
TIME	TOPIC	SPEAKERS
09:00 - 10:00 Hrs	THE GRAND ORTHOPAEDIC QUIZ Moderator: Dr. R. Mahesh Karthik	
10:00 - 10:08 Hrs	MY WORST CASE Chairpersons: Dr. Samuel B Chittaranjan & Dr. Sameer Ali P	Dr. Mohammed Hasil
10:08 - 10:16 Hrs		Dr. Vijay Mohan
10:16 - 10:24 Hrs		Dr. Murugan Babu
10:24 - 10:32 Hrs		Dr. Shanavas K P
10:32 - 10:40 Hrs		Dr. Subin Sugath
10:40 - 10:55 Hrs	Panel Discussion	

Chairpersons: Dr. Vijay Mohan & Dr. Subin Sugath		
10:55 - 11:19 Hrs	The ideal hip	Dr. Prithvi Mohandas
	Atypical indication of hip arthroplasty	
11:19 - 11:29 Hrs	Panel Discussion	
11:29 - 11:41 Hrs	Total hip replacement in fractures around the hip	Dr. Sunil D Magadam
11:41 - 11:53 Hrs	Protocol to prevent / manage dislocation	Dr. Prithvi Mohandas
11:53 - 12:03 Hrs	Panel Discussion	
12:03 - 12:11 Hrs	Coffee Break	

Chairpersons: Dr. Sathya Narayanan & Dr. Muhammed Hasil		
12:11 - 12:23 Hrs	Preventing and managing infections in joint replacement	Dr. Samuel B Chittaranjan
12:23 - 12:35 Hrs	Revision - Total hip replacement	Dr. Prithvi Mohandas
12:35 - 12:45 Hrs	Panel Discussion	
12:45 - 13:13 Hrs	4-paper presentation (5 mins P + 2 mins Q) for MOHANDAS - WELLER GOLD MEDAL AWARD Chairperson - Dr. Prithvi Mohandas	
13:13 - 13:45 Hrs	Lunch	

Chairpersons: Dr. Samuel B Chittaranjan & Dr. Murugan Babu		
13:45 - 14:45 Hrs	Live surgery - Complex primary total hip replacement	Dr. Prithvi Mohandas
14:45 - 14:57 Hrs	Computer-navigated total knee replacement	Dr. Sameer Ali P
14:57 - 15:09 Hrs	Balancing valgus knee	Dr. Bipin Tharuvel
15:09 - 15:31 Hrs	Balancing varus and FFD in knee	Dr. Sathya Narayanan
15:31 - 15:45 Hrs	Panel Discussion	
15:45 - 15:55 Hrs	Coffee Break	
15:55 - 16:55Hrs	Live surgery - Computer-navigated total knee replacement	Dr. Sameer Ali P
16:55 - 17:00 Hrs	Prize Distribution	

Local Organising Secretary:

Dr. Sameer Ali P,

Consultant and Head of Arthroplasty and
Arthroscopy, Meitra Hospital
+91 94466 36776, sameerali.p@meitra.com

**For registrations and enquiry,
please contact:**

Mr. Seshadri. Pa, Conference Manager
+ 91 98456 71462

Mr. Shashank Prasad
+91 99641 53557, registrations@igof.in

Ms. Lorraine Satur, IGOF Co-ordinator
+91 77080 63651, enquiry@igof.in



About Calicut

Calicut is the most prominent trade and commerce centre in Kerala. It became so after Vasco Da Gama first set foot here in 1498, making this beautiful city one of the most important ports in the Malabar region for the trade of spices, silk and other goods between European countries and India. Calicut boasts of beautiful beaches, parks, sanctuaries and museums, among other places of interest.

Some of the major attractions in Calicut:

- Thikkoti Light House
- Kappad Beach
- Thusharagiri Falls
- Mananchira Square
- Kadalundi Bird Sanctuary
- Kakkayam Dam
- Sweet Street

Venue:

The Taj Gateway Hotel,
Vasco da Gama Hall,
P. T. Usha Road, Calicut - 673 032,
Kerala, India

Close to the city's commercial hub and not too far from the local sights and sounds, The Taj Gateway Hotel in Calicut is the best place to relax and recharge during your trip. You can count on their efficient staff to plan an itinerary around the local attractions like the spice market, pristine beaches and quaint alleyways that add to the charm of the coastal city of Calicut.

4/112, Mount Poonamallee Road, Manapakkam,
Chennai - 600 089, India. Ph: 044 4200 2288, Extn: 4128
Email: enquiry@igof.in | www.igof.in



Indo-German Orthopaedic Foundation

Faculties

Dr. Sameer Ali P - Consultant and Head of Arthroplasty and Arthroscopy, Meitra Hospital
Dr. Murugan Babu - HOD-Orthopaedics, Rajagiri Hospital, Kochi
Dr. Lazar Chandy - Senior Consultant, Lakeshore Hospital, Kochi
Dr. Samuel B Chittaranjan - HOD-Orthopaedics, Believers Church Medical College, Thiruvalla
Dr. Charanjit Singh Dhillon - Director of Spine Surgery, MIOT International, Chennai
Dr. T. S. Gopakumar - Professor and HOD-Orthopaedics, MES Medical College, Perinthalmanna
Dr. Gopal M L - Consultant and Head of Trauma, Meitra Hospital
Dr. Mohammed Hasil - Consultant, Asten Hospital, Calicut
Dr. R. Mahesh Karthik - Orthopaedic Surgeon, Dept. of Trauma Surgery, MIOT International, Chennai
Dr. Tony Kavalakkat - Consultant, Baby Memorial Hospital, Calicut
Dr. med. Christian Konrads - Consultant, Traumatology and Orthopaedic Surgery, The BG Clinic, Tubingen, Germany
Dr. Sunil D Magadum - Orthopaedic Surgeon, Dept. of Trauma Surgery, MIOT International, Chennai
Dr. N. J. Mani - HOD-Orthopaedics, Baby Memorial Hospital, Calicut
Dr. Anwar Marthaya - Consultant, IQRAA Hospital, Calicut
Dr. Vijay Mohan - HOD-Orthopaedics, Aster MIMS, Kochi
Dr. Prithvi Mohandas - Secretary-IGOF and Managing Director, MIOT International, Chennai
Dr. Sathya Narayanan - Consultant, Athani Hospital, Palakkad
Dr. J. Ram Prasad - HOD & Director of Trauma Surgery, MIOT International, Chennai
Dr. Rajesh Purushothaman - Professor of Orthopaedics, Govt. Medical College, Calicut
Dr. Raju K - Asst. Professor, Govt. Medical College, Calicut
Dr. Shanavas K P - Consultant, EMS Hospital, Perinthalmanna
Prof. Dr. Ulrich Stoeckle - Medical Director, Dept. of Trauma & Reconstructive Surgery, The BG Clinic, Tubingen, Germany
Dr. Subin Sugath - Consultant at Aster MIMS, Kochi and SUT, Trivandrum
Dr. Sibin Surendran - Asst. Professor, Govt. Medical College, Calicut
Dr. Bipin Tharuvil - Consultant, Orthopaedic Surgeon, Lakeshore Hospital, Kochi

Moderators & Chairpersons

Dr. George Abraham	Dr. Tony Kavalakkat	Dr. Vinod V Rajan
Dr. Sameer Ali P	Dr. Ajith Kumar	Dr. Rajaneesh
Dr. Murugan Babu	Dr. Aneen N Kutty	Dr. Raju K
Dr. Samuel B Chittaranjan	Dr. N. J. Mani	Dr. Mohammed Riyaz
Dr. Basheer Abdul Gafoor	Dr. Vijay Mohan	Prof. Dr. Ulrich Stoeckle
Dr. T. S. Gopakumar	Dr. Prithvi Mohandas	Dr. Subin Sugath
Dr. Mohammed Hasil	Dr. Sathya Narayanan	Dr. Sibin Surendran
Dr. Janees M C	Dr. Sajan Mohan Raj	Dr. Mahendra Varma
Dr. R. Mahesh Karthik	Dr. Jawahar Adi Raja	

Registration Form

TRAUMA AND JOINT REPLACEMENT COURSE BY THE MASTERS

09th & 10th February 2019 @ The Taj Gateway Hotel, Calicut, Kerala, India



Indo-German Orthopaedic Foundation

IGOF

4/112, Mount Poonamallee Road,
Manapakkam, Chennai - 600 089, India.

Ph: +91 44 4200 2288, Extn: 4128

Email: enquiry@igof.in

Website: www.igof.in

Name:
(PLEASE FILL IN CAPITAL LETTERS AS TO APPEAR IN THE CERTIFICATE)

Designation: Date of Birth:

Institution:

Address:

City: State: Country:

Pin: Telephone (R): Mob:

Email:

Medical Council Number:

Registration Details:

- Medical Practitioner (Rs.1000/-)
- Postgraduate* (Please carry bonafide certificate)
- IGOF Lifetime Member* (Membership Ref. No.)

*No Registration Fee

Payment Details:

Cheque / DD No.:

Drawn on Bank:

Total Amount:

.....
Signature

Submission of registration form is mandatory for all.

Payment to be made through Cheque or DD in favour of 'IGOF' payable in Chennai.

Acknowledgement will be sent through SMS or Email.

For online registrations, please visit www.igof.in

Please send the duly filled form and payment to: INDO-GERMAN ORTHOPAEDIC FOUNDATION (IGOF)

4/112, Mount Poonamallee Road, Manapakkam, Chennai, India - 600 089.

Ph: +91 44 4200 2288, Extn: 4128, Mob: +91 77080 63651, Email: enquiry@igof.in | Website: www.igof.in

For Office Use only

Receipt No.:

Registration No.:

Date:



A FIRST IN CALICUT, TRAUMA AND JOINT REPLACEMENT COURSE BY THE MASTERS

09th & 10th February 2019 | The Taj Gateway Hotel, Calicut, Kerala, India

THE GREAT DEBATE

Day 1: 09th February 2019 (9 am - 10 am)

'The Great Debate' is a programme to unearth conflicting standpoints among experts for in-depth analysis of pros and cons of techniques used in complex cases.

Topic: Management of Unstable Intracapsular Fracture Neck of Femur in Young Adults

**Internal Fixation
(Dr. Lazar Chandy)**

(Vs.)

**Primary Valgus Osteotomy & Fixation
(Dr. J. Ram Prasad)**

Moderated by Panel Experts:

Prof. Dr. Ulrich Stoeckle and Dr. George Abraham

MY WORST CASE

Day 2: 10th February 2019 (10 am - 10:40 am)

This one-of-its-kind event on Day 2 is expected to receive a warm welcome from the attendees, as it is filled with personal experiences of some of the most renowned experts in orthopaedics. Experts come forward to share their worst encounters and throw more light to justify their stand on the case. Criticalities, unexpected events and crisis management would all be part of their discussion.

Experts to share their worst case:

- Dr. Mohammed Hasil
- Dr. Vijay Mohan
- Dr. Murugan Babu
- Dr. Shanavas K P
- Dr. Subin Sugath

Panel Discussion:

Dr. Samuel B Chittaranjan and Dr. Sameer Ali P

For registration and enquiry:

Dr. Sameer Ali P, Meitra Hospital, Mob.: +91 94466 36776 | Email: sameerali.p@meitra.com

Mr. Seshadri Pa, Mob.: + 91 98456 71462 | Mr. Shashank Prasad, Mob.: + 91 99641 53557 | Email: registrations@igof.in

Ms. Lorraine Satur, Mob.: +91 77080 63651 | Email: enquiry@igof.in



A FIRST IN CALICUT, TRAUMA AND JOINT REPLACEMENT COURSE BY THE MASTERS

09th & 10th February 2019 | The Taj Gateway Hotel, Calicut, Kerala, India

GRAND ORTHOPAEDIC QUIZ

Day 2: 10th February 2019 (9 am - 10 am)

IGOF organizes the Grand Orthopaedic Quiz to test the sharpest IQs of some of the finest minds in the healthcare fraternity. The platform welcomes those medical professionals who have a penchant for the intricacies in the field of orthopaedics. The event offers an opportunity to stamp a seal of authority in the country's premier battle of the medical brains.

Participation Requisites:

- Should be a Postgraduate Trainee
- Each team should send CVs of all team members (Total 3 members per team) to registrations@igof.in before 31/01/2019

Accolades:

- Winning team shall be awarded a cash prize of Rs. 9,000/-
- First runners-up team shall be awarded a cash prize of Rs. 3,000/-
- Every participant shall claim their participation certificate

MOHANDAS - WELLER GOLD MEDAL AWARD

Pre-Lunch Session: 09th & 10th February 2019



The prestigious Mohandas - Weller Gold Medal Award is conferred to Young Orthopaedic Surgeons who can come up with innovative ideas or a distinguished presentation on a complex case. This award is an initiative to boost the budding talent to spread their lateral thinking across various interests in the field of orthopaedics and to attend complex scenarios with special interest, giving attention to details and to crack difficult problems.

Participation Requisites for Free Paper Presentation:

- Should be a Postgraduate or Young Orthopaedic Surgeon below 40 years
- The participants have to register and then submit the paper at the preview booth before 9 am on the day of their presentation
- Only first 4 registrants (1 presentation by each) will be selected for this pre-lunch presentation
- Each presentation will be for 5 mins, with 2 mins for questions

Accolades:

- 'Mohandas - Weller' Gold Medal for Winner
- Cash prize of Rs. 20,000 for Winner and Rs. 5,000/- for Runner-up
- Certificate for Winner and Runner-up

For registration and enquiry:

Dr. Sameer Ali P, Meitra Hospital, Mob.: +91 94466 36776 | Email: sameerali.p@meitra.com

Mr. Seshadri Pa, Mob.: + 91 98456 71462 | Mr. Shashank Prasad, Mob.: + 91 99641 53557 | Email: registrations@igof.in

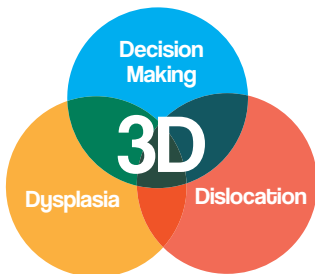
Ms. Lorraine Satur, Mob.: +91 77080 63651 | Email: enquiry@igof.in



**A Special Invitation
for Joint Replacement Surgeons**

WORKSHOP on 3D

08th February 2019 (6:30 pm - 8:30 pm) | The Taj Gateway Hotel, Calicut, Kerala, India



**3D - Decision Making,
Dysplasia, Dislocation**

AGENDA:

Tips to get the Socket and Stem right

TEMPLATING:

- Tips & Tricks to choose the right prosthesis
- Getting out of jail from difficult situations

FACULTY:

Dr. Prithvi Mohandas

CO FACULTIES:

Dr. Sameer Ali P

Dr. Rajesh Purushothaman

For registration and enquiry:

Dr. Sameer Ali P, Meitra Hospital, Mob.: +91 94466 36776 | Email: sameerali.p@meitra.com

Mr. Seshadri Pa, Mob.: + 91 98456 71462 | Mr. Shashank Prasad, Mob.: + 91 99641 53557 | Email: registrations@igof.in

Ms. Lorraine Satur, Mob.: +91 77080 63651 | Email: enquiry@igof.in